



# St. Luke's Church, Maidenhead

[www.stlukeschurchmaidenhead.org.uk](http://www.stlukeschurchmaidenhead.org.uk)

[This sheet is also available on the above website]

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## Week Commencing: 2<sup>nd</sup> March, Sunday next before Lent

This Sunday we have a service of All Age Holy Communion at 10am.

Everyone is very warmly invited to worship with us.

Please do then stay for our APCM (annual business meeting) after the service.

### The Collect

Almighty Father,  
whose Son was revealed in majesty  
before he suffered death upon the cross:  
give us grace to perceive his glory,  
that we may be strengthened to suffer with him  
and be changed into his likeness,  
from glory to glory;  
who is alive and reigns with you,  
in the unity of the Holy Spirit,  
one God, now and for ever.

### Post Communion Prayer

Holy God,  
we see your glory in the face of Jesus Christ:  
may we who are partakers at his table  
reflect his life in word and deed,  
that all the world may know his power  
to change and save.  
This we ask through Jesus Christ our Lord.

### Gospel Reading

<sup>28</sup>Jesus took with him Peter and John and James, and went up on the mountain to pray. <sup>29</sup>And while he was praying, the appearance of his face changed, and his clothes became dazzling white. <sup>30</sup>Suddenly they saw two men, Moses and Elijah, talking to him. <sup>31</sup>They appeared in glory and were speaking of his departure, which he was about to accomplish at Jerusalem. <sup>32</sup>Now Peter and his companions were weighed down with sleep; but since they had stayed awake, they saw his glory and the two men who stood with him. <sup>33</sup>Just as they were leaving him, Peter said to Jesus, 'Master, it is good for us to be here; let us make three dwellings, one for you, one for Moses, and one for Elijah.' Peter did not know what he said. <sup>34</sup>While he was saying this, a cloud came and overshadowed them; and they were terrified as they entered the cloud. <sup>35</sup>Then from the cloud came a voice that said, 'This is my Son, my Chosen; listen to him!' <sup>36</sup>When the voice had spoken, Jesus was found alone. And the disciples kept silent and in those days told no one any of the things they had seen.

<sup>37</sup>On the next day, when they had come down from the mountain, a great crowd met him. <sup>38</sup>Just then a man from the crowd shouted, 'Teacher, I beg you to look at my son; he is my only child. <sup>39</sup>Suddenly a spirit seizes him, and all at once he shrieks. It throws him into convulsions until he foams at the mouth; it mauls him and will scarcely leave him. <sup>40</sup>I begged your disciples to cast it out, but they could not.' <sup>41</sup>Jesus answered, 'You faithless and perverse generation, how much longer must I be with you and bear with you? Bring your son here.' <sup>42</sup>While he was coming, the demon dashed him to the ground in convulsions. But Jesus rebuked the unclean spirit, healed the boy, and gave him back to his father. <sup>43</sup>And all were astounded at the greatness of God. Everyone was amazed at all that he was doing

*Luke 9. 28-36*

**Sunday's Hymns:**

P: 728 Meekness and Majesty  
O: 358 Be still, for the presence of the Lord  
R: 719 Lord the light of your love is shining

**Thought for the week:**

Mount Tabor in central Israel is thought to be one of the possible locations for the transfiguration. In a simple chapel atop is very steep mountain, the focus is this beautiful mosaic of the vision that Jesus' closest disciples had in that place. An amazing mountain-top experience.

Most of us don't have visions of Jesus, let alone of Jesus talking with people from the Old Testament. We may not have that many mountain-top experiences to help us with what we face in life. But we do have both spiritual and everyday highs. Maybe we have enjoyed a really peaceful and reflective retreat, perhaps a service has been just what we needed to meet with God in some way, perhaps we have been caught up in the beauty of a piece of music, the exhilaration of watching our team win a football match – even with no cheering crowd, the simple joy of time with a good friend, grandchildren or family. At such times we sometimes want to hold onto them – to make them last for ever. And we can't.

Sometimes we are brought down to earth with a thud as the service moves on, or we have to go back to work, noise breaks in on our reflection, or our team loses the next match. A recording, picture or photo can capture something of the event in memory, but we cannot hold onto things for ever.

Some years ago the late Bishop Kenneth Stevenson wrote : 'In order to see the transcended Christ we have to leave behind the familiar, but we have to come down again, there can be no staying permanently in an unnaturally extended religious comfort zone'.

There is a saying that some people are so heavenly minded that they are no earthly use. As Christians we are encouraged to drink in the spiritual highs, but to get stuck in to the everyday too. We can enjoy beautiful worship, quiet time with God, but we have to be fully involved in the messiness of life too. The communion service reminds us of that. Whilst it may be beautiful and deeply spiritual to receive the bread and wine – taking Jesus into our very being - we must hang onto the fact that the bread, like Jesus body, is broken, the wine outpoured.

Stevenson writes: 'Here is a God whom we can trust, because we can glimpse his glory, a glory that is no optional extra, but impinges on the supposed real world, which may be a bit more brown than gold, but where the gold that is the background to Jesus' ministry lingers on, indelibly, in the ordinary living of discipleship'.

**Prayer suggestions for this week:**

- For our APCM and the business which supports the mission of the church
- For Revd. Phyl and Dave as they move to Harrogate
- For our Church leaders and those selecting a new Archbishop of Canterbury
- The Bishop Mary Gregory, our new Bishop of Reading.
- That the ceasefire between Israel and Palestine might hold and further hostages and prisoners be released.
- For survivors of abuse and those who support them.
- For our sisters and brothers in the Jewish and Muslim communities of our own town.
- For peace in Ukraine and Russia, and of Sudan, and also in Armenia and Ethiopia.
- For all those who live and work in Lake View

- For all those whose anniversary of baptism falls in March: Lola-Rose Watkins, Isala Hughes, Christopher Hickman
- The sick and their carers : Monica Olley, Valerie Bosley, Bridget Morris, Emily Buckwell, Jacqueline Lewis, Angela Baldwin, Baby Keeon, Aram Hakobian, Joan Lynch, Alicia Little, Mandy Salter, Mair Bright, Tina Botting
- Those who have died recently, and those who mourn them: Marina Andrian.
- Those whose anniversary of death falls in March: Sandy Raffan, Anthony Wright, Lilian Vizard, Edgar Walford, Anna Meredith, Christine Sawyers, Caroline Wood, Robert Russell, Jacqueline Mundy, Alan Moss, Beryl Bintcliffe, Francis Garnett, Jillian Sinclair- Hill, Eileen Herbert, Stella Lee, Andrew Curtis, Susan Robinson, Jill Cotterill, John Marshall, John Cox, Christopher Druce, Frederick Dawson.

*Readings for Morning Prayer for the week beginning Sunday 2<sup>nd</sup> March 2025:*

Sunday	Psalm 2	Exodus 33.17-end	1 John 3.1-3
Monday	Psalm 80	Jeremiah 1	John 3. 1-21
Tuesday	Psalm 89. 1-18	Jeremiah 2. 1-13	John 3. 22-end
Wednesday	Psalm 38	Daniel 9. 3-6, 17-19	1 Timothy 6.6-19
Thursday	Psalm 77	Jeremiah 2.14-32	John 4. 1-26
Friday	Psalm 3	Jeremiah 3. 6-22	John 4. 27-42
Saturday	Psalm 71	Jeremiah 4. 1-18	John 4.43-end

## Rotas for next week

### Sunday 9<sup>th</sup> March: Lent 1: Parish Communion

Read: Rachel Intercede: Shula Chalice: Jeanette Sound: Simon  
 Welcomers: Jacqueline, Simon, Fiona Coffee: Sally, Kim Children:

### Our church is floodlit at night.

This week the flood lighting has been sponsored by John Cotterill:

**“In loving memory of my dear wife Jill, who died on 7<sup>th</sup> March, three years ago”**



To sponsor the floodlighting please fill in the form at the back of church or email:  
[admin@stlukeschurchmaidenhead.org.uk](mailto:admin@stlukeschurchmaidenhead.org.uk)

It is suggested the minimum donation for weekly sponsorship is £15. There are lots of weeks available.

## What's on.... This week:

Sunday 2<sup>nd</sup> 10.00am All Age Holy Communion  
 11.15 ish APCM  
 3.00pm, Welcome service for Bishop Mary at Reading Minister  
 6.00pm Sundays at Six: Eucharist for St. David, at All Saints  
 Tuesday 4<sup>th</sup> 8.30 am, Morning prayer on zoom  
 7.30 pm, WAMCF Ladies meeting, at the synagogue

Wednesday 5 <sup>th</sup>	8.30 am, Morning prayer on zoom
<i>Ash Wednesday</i>	10.00 am, Holy Communion with ashing
	8.00 pm, Holy Communion with ashing
Thursday 6 <sup>th</sup>	8.30 am, Morning prayer on zoom
	9.30 am, Baby and Toddler Group
Friday 7 <sup>th</sup>	8.30 am, Morning prayer on zoom
	2.00pm, World Day of Prayer at St Marks Crescent
	4.00 pm, Messy Church
Saturday 8 <sup>th</sup>	9.00 am, Morning prayer on zoom
	10.00 am – midday Alpha / Taking it further morning
Sunday 9 <sup>th</sup>	8.00 am, Holy Communion
	10.00am, Parish Communion
	11.30am, Flower arrangers meeting
	12.00 Lent Lunch

**Sundays at Six:** All Services are at 6.00pm Zoom link: use Sunday morning or as specified above

2 <sup>nd</sup> Mar	Eucharist for St. David, at All Saints
16 <sup>th</sup> Mar	Iona service with reflection, at the Church of the Good Shepherd, Cox Green
6 <sup>th</sup> April	Stations of the Cross, at All Saints
13 <sup>th</sup> Apr	Taize service, at the Church of the Good Shepherd, Cox Green
4 <sup>th</sup> May	Eucharist of Wholeness and Healing, at All Saints
18 <sup>th</sup> May	Choral Sung Evensong, at St. Luke's
1 <sup>st</sup> June	Desert Island Hymns and Readings, at the Church of the Good Shepherd, Cox Green
15 <sup>th</sup> Jun	International Taizé service, at St. Luke's
6 <sup>th</sup> July	Evensong and Benediction, at All Saints
20 <sup>th</sup> July	Prayer walk on Ray Mill Island

**Messy Church.** Messy Church dates for 2025 are as follows: 7<sup>th</sup> March, 4<sup>th</sup> April, 2<sup>nd</sup> May, 6<sup>th</sup> June, 4<sup>th</sup> July, 5<sup>th</sup> September, 3<sup>rd</sup> October, 7<sup>th</sup> November, 28<sup>th</sup> November



## Church displays & decorations

You are warmly invited to join us at the next meeting of the 'flower-power' team, to help plan our displays and decorations for the coming year.

**Date:** 9 March

**Time:** 11.30 (after service, before Lent lunch)

All are welcome – no previous experience needed.



## **Our APCM (the church's annual business meeting)**

Will be held after the morning **service THIS Sunday 2<sup>nd</sup> March**. Everyone is warmly encouraged to attend. The full set of accounts is currently with the inspector and will be available asap.

The Bulletin – the informal parish record of church life in 2024 (which includes the agenda for the APCM and minutes of the last meeting) – is now available as a pdf on the website .Hard copies are available on request for those without email.

Please pray about whether you are being called to stand for one of the places on the PCC: we have three places for 3 years and 2 for 2 years.

## **Basic Safeguarding Training**

A number of people are required to do the Church of England Basic Safeguarding course (e.g. welcomers, pastoral team...). To make that easier Barbara and Revd. Sally will lead a session on this course after church on Sunday 16<sup>th</sup> March. It will not take long but will fulfil our legal requirements and it will be good to do the course together. You will be notified if you must do this but it is open to anyone at all.

## **Taking it Further...**

A morning (note change) for those who attended Alpha or who would simply like to explore more about Christianity and living as a disciple of Jesus. Saturday 8<sup>th</sup> March, 10 am – midday, in church. Please sign up via the office or in church.

## **Spring and Summer Recital series**

We are planning a short series of recitals by young people at various times this year. Admission will either be free, with a retiring collection and refreshments to purchase, or by prior bought ticket if numbers are needed for catering. All proceeds will go to church funds.

Booked so far:

Friday 28<sup>th</sup> March, pupils from Queen Anne's School, Caversham, 12.15 pm recital, lunch available to purchase from 1pm.

Sunday 6<sup>th</sup> April, Andrew Gallacher on piano , following the last Lent Lunch (lunch donations to Christian Aid, recital to church)

More to come...

## **World Day of Prayer**

This year the service takes place on Friday 7<sup>th</sup> March at St Marks Crescent Methodist Church at 2pm. It has been prepared by the women of the Cook Islands as they celebrate 200 years of Christianity in the group of 15 islands in the Pacific Ocean. The theme is 'I made you wonderful' and is based on the words of Psalm 139. They invite us to recognise that God created each one of us with great attention and loving care.

All are warmly invited to attend this beautiful service with its uplifting message. The women have prepared it but men are welcome too! Tea will be served after the service.

We now have three St Luke's members on the committee as Gill Curry and I are pleased to welcome Smita Bora to join us. Further details from any of us or from the poster at the back of the church.

Ruth Sheppard

## **Lent 2025**

**The Church programme for Lent...** is now available as a leaflet – attached to this weekly sheet – and a hard copy can be found in church too. Do join in with some ways of keeping Lent.

**Lent Lunches**, are held on the 1<sup>st</sup>, 3<sup>rd</sup> and 5<sup>th</sup> Sundays of Lent. Please do sign up to help provide lunches – see the sign-up sheet in church.

### **Come and See...**

A diocesan daily email during Lent and out Lent course this year. Come and See is completely free and all are welcome. Sign up: [Sign up for Come and See 2025](#)

**Eco Church...** thanks to Katty for these tips...

### **Eco-Friendly Gardening Tips for Everyone**

Inspired by BBC Gardeners' World, here are some fun and eco-friendly gardening tips to help you get started:

#### **What is Eco-Friendly Gardening?**

Eco-friendly gardening means creating a garden that supports nature and uses resources wisely. It's great fun and anyone can do it, regardless of age or experience!

### **Plant Native Species**

What: Native plants are those that naturally grow in your area.

How: - **Choose Wisely:** Select plants that are native to your region. Your local garden centre or online resources can help.

- Benefit: Native plants require less water and care.

Why: They support local wildlife and are easier to grow in your climate.

### **Community News**

At **Healthwatch Windsor, Ascot and Maidenhead**, the local consumer champion for health and social care, we are thinking about our priorities for our working year starting 1<sup>st</sup> April. Our prioritisation survey 'What Matters Most' is now live - should we be focusing on people's experiences of dementia care, of hospital outpatient service, of waiting times? What else?

Please could you share our survey for local residents with your clients/contacts and include in any newsletter you are sending out soon, asking for replies by 31st March?

It will take less than 5 minutes for people to give us their thoughts and it is so valuable to have as many local views as possible to help our Advisory Group to work with us on our developing work plan.

RBWM website link- [What Matters Most | Healthwatch Wam](#)

### **Our Regular activities:**

**The 8.00 Holy Communion service** will continue to be monthly, on the 2<sup>nd</sup> Sunday.

**Midweek Holy Communion** is at 10 am weekly, followed by coffee

**Baby and Toddler group** meets on Thursdays, 9.30 – 11.00 am term time only. We meet in church.

**Messy Church** continues on the first (usually) Friday, monthly, 4-5.30pm. Next is 7<sup>th</sup> March 2025 [admin@stlukeschurchmaidenhead.org.uk](mailto:admin@stlukeschurchmaidenhead.org.uk) to book a place.

**Pram Service** is a monthly simple service of songs and story for ages 0-4 and their carers. Followed by coffee for adults, snack and crafts for little ones. Second Friday, 9.30am- 10.30am. Next one 14<sup>th</sup> March

**Keeping Company** is our monthly meeting for those bereaved (at any time). Third Thursday at 3pm, in church.

**Thursday Teas** meets in the community hall offering tea, cake and conversation. Second Thursdays monthly, 1.30 pm.

**Thursday Lunches** meets fourth Thursday of the month, usually at the Toby Cavery but please contact Jean Tyrwhitt-Drake on [Jeant-d2@outlook.com](mailto:Jeant-d2@outlook.com) for further details.

**Gaynor's Gift** is a prayer shawl knitting ministry that anyone can take part in at home. We meet together monthly to pray, knit and drink tea. 4<sup>th</sup> Thursdays monthly.

## Church Calendar for the Spring (apart from regular activities)

### March

Sunday 2 <sup>nd</sup> ,	11.15 am (ish) Annual Parochial Church Meeting
Wednesday 5 <sup>th</sup>	Ash Wednesday: 10 am and 8 pm services of Holy Communion with Ashing
Sundays 9 <sup>th</sup> , 23 <sup>rd</sup>	Lent lunches
Wednesday 12 <sup>th</sup>	11.00 am, Lent course starts (5 weeks)
Friday 28 <sup>th</sup>	12.15 pm Recital and lunch
Sunday 30 <sup>th</sup> , 10 am	Mothering Sunday service (Word)

### April

Tuesday 1 <sup>st</sup> , 11 am	School service
Sunday 6 <sup>th</sup>	Last Lent lunch, Recital
Saturday 12 <sup>th</sup>	Church Care session (maintenance)
Sunday 13 <sup>th</sup>	Palm Sunday, start of Holy Week
Sunday 20 <sup>th</sup>	Easter Day
Friday 25 <sup>th</sup>	St. Luke's School in all day
Saturday 26 <sup>th</sup>	PCC planning morning

**Please note that for Zoom services the links below are being used:**

#### **Sunday Morning Worship:**

<https://us02web.zoom.us/j/87358197400?pwd=MTFxVINad1R6NEl6cVZ6TVJ5bGlzdz09>

Meeting ID: 873 5819 7400

Passcode: 526076

**Zoom Morning Prayer** at 8.30 am Tuesday – Friday, 9 am Saturday

<https://us02web.zoom.us/j/81459090925?pwd=Y2hKZkFYZ04zbGZBd1BHcmllldU5Hdz09>

Meeting ID: 814 5909 0925

Passcode: 180609